



the Mustang News

Wade Thomas School | 150 Ross Avenue, San Anselmo, CA 94960 | (415) 454-4603 | www.rossvalleyschools.org/wadethomas

Important Dates

- Dec 18 **Holiday Music Sing-a-longs**, 1pm WT MPR
- Dec 20 **Minimum day**, 2:10pm release, grades 1-5
- Dec 23– Jan 3 **Winter Break**, No School
- Jan 6 **Staff Development Day**, No School

Join Us for Dec. and Jan. Music Concerts!

Daytime Assembly Dates

Fifth grade music classes will be performing a brief “work-in-progress” demonstration at each school’s Daytime Winter Sing-Along Assemblies:

Hidden Valley Morning Assembly and Winter Sing-Along: Wednesday, December 18th, 10:45-11:30am

Wade Thomas Afternoon Assembly and Winter Sing-Along: Wednesday, December 18th, 1:00-1:45pm

Manor Morning Assembly and Winter Sing-Along: Friday, December 20th, 10:45-11:30am

Brookside Afternoon Assembly and Winter Sing-Along: Friday, December 20th, 1:00-1:45pm

Dec 11: White Hill Jazz Bands 7pm-9pm at White Hill: 6th-8th grade jazz band students

Evening Winter Concert Dates

The 5th graders are also invited to perform at these evening concerts in January:

Chorus Concert, Thursday, January 16th, 7:00-8:00pm at White Hill. Chorus students should arrive at 6:30pm in performance attire (plain black or white shirt with black pants and black closed-toe shoes). For more information, please refer to the Ross Valley School District Chorus site at sites.google.com/site/rossvalleychorus. Includes all 5th-8th grade chorus students from all schools.

White Hill Bands Concert Jan 23: 6th-8th Grade - Thursday, January 23, 7:00-9:00pm.

5th Grade Clarinet, Flute, Trumpet, and Trombone (Band) Concert

Please note: new date: Tuesday, January 28th, 7:00-8:00pm at White Hill Gym (with special guest performances by the White Hill 8th grade Advanced Wind Ensemble and Jazz Band 1!!!) Students should arrive at 6:30pm at the White Hill Gym in performance attire (plain black or white shirt with black pants and black closed-toe shoes). Includes 5th grade band students from all elementary schools (plus selected WH 8th grade guest artists).

Please note: There is a separate concert that is for all the 6th-8th Grade White Hill Band students which will take place on Jan 23. The 5th graders are not performing at that concert.

Violin And Cello (Orchestra) Concert Thursday, January 30th, 7:00-8:00pm at White Hill. Violin and cello students should arrive at 6:30pm, in performance attire (black and white, same as for chorus above). The concert will also feature performances by the White Hill orchestras. More information will be given on Mrs. Montgomery’s Edmodo pages. Includes all 5th-8th grade orchestra students from all schools.



Follow Kim Kern on Twitter!

Our principal, Kim Kern, will be sending out for real-time reminders, updates, info, links to pics & videos, news, and other surprise tidbits on twitter. Follow her here: [@wade_principal](https://twitter.com/wade_principal).

Emergency Hotline (415) 721-4751

The Mustang News is published every other week on Fridays. Please submit newsletter articles by Wednesday the week of publication (two days prior), 3pm to marlana@rossvalleyschools.org. All submissions will be approved by the Ross Valley School District office prior to inclusion.

School Lunch Program News

Hello, families! Attached are the January and February menus. Please remember to place your lunch orders for the new year, it will be here before you know it!

New for January

We're ringing in the new year with two new entrées--including a vegetarian option!

Buffalo Veggie Nuggets: You've been asking for more vegetarian options, so we created these veggie nuggets. Don't be scared by the "buffalo"--these slightly crunchy, mild nuggets aren't spicy. Served with a side of sweet potato tots.

Carnitas Burrito: This entrée is meant for older kids who go out of their way to get gourmet burritos. Nicely spiced, slow-roasted pork is wrapped in a warm flour tortilla.

All meals are ordered online at <http://www.choicelunch.com/> or on your mobile app using registration code **Ross**. Meals can now be ordered same day by 6am and cancelled same day by 9am for credit (great on sick days!).

Questions? Contact Lisa Sabia at 451-4074 or via email: food@rossvalleyschools.org.



Wade Thomas grocery shoppers: you can earn FREE money for YES!"

Did you know most of our local grocery stores will give **FREE MONEY** to support your child's enhanced education by giving a percentage of what you are already spending at the grocery store to our YES Foundation?

Every single family can help raise money for the inspiring programs YES provides to every single child in our district—programs such as art, music, theater, library books, poetry, and technology—without it costing you an extra penny.

Last year, together we raised about \$70,000 through our "Shop for YES" (eScrip and Community Card) Program! That's a fantastic start, but if just half our district families participated in the Shop for YES Program, we could earn \$350,000 for FREE. That would be incredible.

To participate is simple. Different local stores have different methods of tracking our grocery shopping. To learn how your store tracks and gives, find your favorite store(s) and follow the easy steps to make sure your shopping counts.

Safeway (gives 1-4%; cash or debit card purchases only):

1. **Register** or renew your eScrip account. Go to www.escrip.com to get started. YES Foundation's ID number is **5109569**. eScrip must be renewed annually or your shopping won't count. Do this today!
2. **Make sure your Safeway Club card** is registered with your eScrip account.
3. **Show your Safeway Club card** to the cashier every time you shop!

United Markets (3%) & Good Earth (3%):

1. **Pick up a community card** at your school's office or go to www.yestokids.org/comm_card_form.html to request a card and we'll mail them to you.
2. **Show the community card** to the cashier every time you shop!

Fairfax Market (3%), Woodlands Market (2-5%), Mollie Stones (1-5%):

1. **Register** or renew your eScrip account. Go to www.escrip.com to get started. YES Foundation's ID number is 5109569. eScrip must be renewed annually or your shopping won't count. Do this today!
2. The next time you are in the store, ask the cashier for a community card.
3. **One time only:** fill out the short, one page form at the cashier station, check "YES Foundation" box, and hand the form back to the cashier. This will link your new card to YES through your eScrip account
4. **Show your card** to the cashier every time you shop!

Questions? Contact Jennifer Overaa at joveraa@comcast.net.



January-14

Monday		Tuesday		Wednesday		Thursday		Friday	
30	Winter Break	31	Winter Break	1	Winter Break	2	Winter Break	3	Winter Break
6	Staff Development Day	7	Oven Baked Tenders 3 Cheese Pizza Pocket Spaghetti with Meatballs Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	8	Pot Stickers Cheese Burger **Veggie Nuggets Macaroni & Cheese COLD - 1 - 3 - 4 - 7 - 9 14 - 17 - 19 - 20 - 21 - 23	9	Bagel Dog Four Cheese Ravioli Chicken Taquitos Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 - 9 18 - 20 - 22 - 23 - 24	10	Cheese Pizza Shepherd's Pie Teriyaki Chicken Bowl Macaroni & Cheese Ham&Cheddar Lettuce Wrap COLD - 3 - 4 - 5 - 9 - 13 17 - 18 - 20 - 21 - 23
13	Cheese Pizza Carnitas Burrito with Salsa Meat Lasagna Macaroni & Cheese Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 7 - 9 17 - 22 - 23 - 24	14	Pot Stickers Spaghetti with Marinara Hot Dog Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	15	Oven Baked Tenders Buttered Noodles Chicken Enchiladas Macaroni & Cheese COLD - 1 - 3 - 4 - 7 - 9 14 - 17 - 19 - 20 - 21 - 23	16	Cheese Burger Veggie Nuggets Pepperoni Pizza Pocket Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 - 9 18 - 20 - 22 - 23 - 24	17	Cheese Pizza Suasage & Egg Sandwich Broccoli Cheddar Soup Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 3 - 4 - 5 - 9 - 13 17 - 18 - 20 - 21 - 23
20	Martin Luther King Jr. Day	21	Pot Stickers Bean & Cheese Burrito Spaghetti with Meat Sauce Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 7 9 - 17 - 22 - 23 - 24	22	Bagel Dog Gulten Free Pesto Pasta Cheese Burger Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	23	Oven Baked Tenders Three Cheese Pizza Pocket Meat Lasagna Macaroni & Cheese COLD - 1 - 3 - 4 - 7 - 9 14 - 17 - 19 - 20 - 21 - 23	24	Cheese Pizza Tikka Masala Burrito Teriyaki Chicken Bowl Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 - 9 18 - 20 - 22 - 23 - 24
27	Cheese Pizza Shepherd's Pie Spaghetti with Meatballs Macaroni & Cheese Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 7 - 9 17 - 22 - 23 - 24	28	Pot Stickers Four Cheese Ravioli Carnitas Burrito with Salsa Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	29	Oven Baked Tenders Buttered Noodles **Veggie Nuggets Macaroni & Cheese COLD - 1 - 3 - 4 - 5 - 9 14 - 17 - 19 - 20 - 21 - 23	30	Cheese Burger Spaghetti with Marinara Pepperoni Pizza Pocket Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 - 9 18 - 20 - 22 - 23 - 24	31	Cheese Pizza Chicken Taquitos Hot Dog Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 3 - 4 - 5 - 9 - 13 17 - 18 - 20 - 21 - 23

* = New Items

Please circle one preferred meal for each day and use legend on back for Cold meal codes. Cross out days when meals are not needed.

COLD OPTIONS				
1 Italian Sub	6 Tuna Salad Sammie	11 Taco Salad	16 Italian Pasta Salad	21 Yogurt Parfait
2 Turkey Sub	7 Ham & Cheese Hoagie	12 BBQ Chicken Salad	17 Cheese & Cracker Plate	22 Hummus & Pita
3 Pesto Turkey Ciabatta	8 Chicken Caesar Wrap	13 Southwest Chicken Salad	18 Avocado Sushi Roll	23 Bagel with Cream Cheese
4 Classic Turkey Sandwich	9 Chicken Caesar Salad	14 Cheesy Crunchy Salad	19 Cucumber Sushi Roll	24 Yogurt & Muffin
5 Sunbutter & Jam Sammie	10 Chef Salad	15 Asian Chicken Salad	20 California Sushi Roll	25 Egg Crossiant Sandwich

January

This order form is only for the Free and Reduced lunch program. For families not on the Free and Reduced lunch program, please order online at <http://www.choicelunch.com>.

Menu changes will take effect in most cases two school days after receipt of this paperwork.

Student Name: _____

Phone: _____

School: _____

Grade: _____

Total Enclosed: _____

Check Number: _____

Make check payable to Ross Valley School District.

Reduced lunches are 40¢ each and must have an application on file.

Send completed form to your school office or:

*** Please turn in by the last week of each month

Ross Valley School District
110 Shaw Drive
San Anselmo, CA 94960

Questions? Contact Lisa Sabia at 415-451-4074, food@rossvalleyschools.org, or fax 415-454-6840.

February-14

Monday		Tuesday		Wednesday		Thursday		Friday	
3	Cheese Pizza Gluten Free Chicken Strips Broccoli Cheddar Soup Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 7 - 9 17 - 22 - 23 - 24	4	Oven Baked Tenders 3 Cheese Pizza Pocket Spaghetti with Meatballs Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	5	Pot Stickers Gulten Free Pesto Pasta Cheese Burger Macaroni & Cheese COLD - 1 - 3 - 4 - 7 - 9 14 - 17 - 19 - 20 - 21 - 23	6	Bagel Dog **Veggie Nuggets Chicken Taquitos Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 4 - 5 - 8 - 9 18 - 20 - 22 - 23 - 24	7	Cheese Pizza Chicken Enchiladas Carnitas Burrito with Salsa Macaroni & Cheese COLD - 3 - 4 - 5 - 7 - 9 13 - 17 - 18 - 20 - 21 - 23
10	Cheese Pizza Shepherd's Pie Meat Lasagna Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 7 - 9 17 - 22 - 23 - 24	11	Pot Stickers Spaghetti with Marinara Pepperoni Pizza Pocket Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	12	Chicken Tenders Four Cheese Ravioli Hot Dog Macaroni & Cheese COLD - 1 - 3 - 4 - 7 - 9 14 - 17 - 19 - 20 - 21 - 23	13	Cheese Burger Buttered Noodles Teriyaki Chicken Bowl Macaroni & Cheese Ham&Cheddar Lettuce Wrap COLD - 1 - 4 - 5 - 8 - 9 18 - 20 - 22 - 23 - 24	14	Cheese Pizza Tikka Masala Burrito Hot Dog Macaroni & Cheese COLD - 3 - 4 - 5 - 7 - 9 13 - 17 - 18 - 20 - 21 - 23
17	Mid Winter Break	18	Mid Winter Break	19	Mid Winter Break	20	Mid Winter Break	21	Mid Winter Break
24	Cheese Pizza Carnitas Burrito with Salsa Spaghetti with Meatballs Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 7 - 9 17 - 22 - 23 - 24	25	Pot Stickers Spaghetti with Marinara Chicken Taquitos Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 3 - 4 - 5 - 9 19 - 20 - 21 - 22 - 23	26	Chicken Tenders Buttered Noodles Meat Lasagna Macaroni & Cheese COLD - 1 - 3 - 4 - 7 - 9 14 - 17 - 19 - 20 - 21 - 23	27	Cheese Burger Four Cheese Ravioli Pepperoni Pizza Pocket Macaroni & Cheese * Ham&Cheddar Lettuce Wrap COLD - 1 - 4 - 5 - 8 - 9 18 - 20 - 22 - 23 - 24	28	Cheese Pizza Tikka Masala Burrito Bagel Dog Macaroni & Cheese COLD - 3 - 4 - 5 - 7 - 9 13 - 17 - 18 - 20 - 21 - 23

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